

# Snack Menu

## November 2018

Blank menu box for November 1st.

Blank menu box for November 2nd.

Blank menu box for November 3rd.

**1**

1. **Apple Slices**  
(1 f/v)
2. **Cheddar Cheese Cubes**  
(1 oz.)

**2**

1. **Chocolate Muffin**  
(1 b/g)
2. **Raisins**  
(1 f/v)

**5**

1. **Heartzel Pretzels**  
(1 b/g)
2. **White Milk**  
(8 oz.)

**6**

1. **Jungle Crackers**  
(1 b/g)
2. **Apple Juice**  
(1 f/v)

**7**

1. **Blueberry Muffin**  
(1 b/g)
2. **String Cheese**  
(1 oz.)

**8**

1. **Chocolate Elf Graham Crackers**  
(1 b/g)
2. **White Milk**  
(8 oz.)

**9**

1. **Apple Slices**  
(1 f/v)
2. **Cheddar Goldfish**  
(1 b/g)

**12**

1. **Double Chocolate Oatmeal Bar**  
(1 b/g)
2. **White Milk**  
(8 oz.)

**13**

1. **Heartzel Pretzels**  
(1 b/g)
2. **Fruit Dive Fruit Juice**  
(1 f/v)

**14**

1. **Apple Cinnamon Muffin**  
(1 b/g)
2. **String Cheese**  
(1 oz.)

**15**

1. **Apple Slices**  
(1 f/v)
2. **Cheddar Cheese Cubes**  
(1 oz.)

**16**

1. **Cheddar Goldfish**  
(1 b/g)
2. **Raisins**  
(1 f/v)

**19**

1. **Banana Muffin**  
(1 b/g)
2. **White Milk**  
(8 oz.)

**20**

1. **Cheddar Goldfish**  
(1 b/g)
2. **Dried Cranberries**  
(1 f/v)

**21**

No School

Happy Thanksgiving!

**22**

No School

Happy Thanksgiving!

**23**

No School

Happy Thanksgiving!

**26**

1. **Frosted Flakes Cereal Pouch**  
(1 b/g)
2. **White Milk**  
(8 oz.)

**27**

1. **Bug Bites Crackers**  
(1 b/g)
2. **Cheddar Cheese Cubes**  
(1 oz.)

**28**

1. **Apple Cinnamon Muffin**  
(1 b/g)
2. **String Cheese**  
(1 oz.)

**29**

1. **Apple Slices**  
(1 f/v)
2. **Cheddar Goldfish**  
(1 b/g)

**30**


1. **Apple Cinnamon Nutri-Grain Bar**  
(1 b/g)
2. **White Milk**  
(8 oz.)



**Happy November Students!**

**After School Snack Regulations:**

**Students must take both items to make a snack.**



If you need a new snack due to an allergy, make sure to contact the Food Service office. More information can be found on our website!